**WHAT COMES OUT OF A PERSON IS WHAT DEFILES THEM**

Mark 7:14-23 (Key Verse: 7:20)

He went on: “What comes out of a person is what defiles them

1. What did Jesus teach the crowd? (14, 15) What does and does not make a person unclean? (16)
2. What did the disciples ask Jesus about? (17) What was Jesus’ answer? (18, 19) How can we make our hearts clean? (1 Peter 1:23)
3. What defiles a person? (20) Describe each of the evil thoughts that defile a person. (21-23) What can we learn from Jesus who confronted the religious leaders? Compare and contrast Jesus' teaching on defilement with the Pharisaic interpretation of purity laws.
4. Why does Jesus emphasize the importance of what comes out of a person rather than what goes in? How do the examples Jesus lists in verses 21-22 relate to His broader message about purity and defilement?
5. In what ways do modern societies focus on external appearances rather than internal virtues, similar to the people Jesus addresses? What steps can you take to ensure your thoughts and actions align with the virtues Jesus highlights as important?